





Email your resume to our team:

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INTERN DEVELOPMENT



Helix Electric's Internship and Co-Op programs offer students hands on training while working alongside seasoned Project Managers, Field Engineers, Estimators, and BIM Designers. When you join our Helix team you will have the opportunity to work on some of the largest and most complex jobs in the nation. Our interns and co-ops are exposed to a variety of role-specific responsibilities, allowing them to gain exposure to all aspects of the industry. They are provided with resources and training to facilitate personal and professional growth.

All interns and co-ops visit corporate headquarters in San Diego, CA for a formal orientation where they spend time learning industry specific terms and procedures, hear from individuals in upper-management, participate in team-building activities, and enhance their understanding of the Helix Culture and opportunities within the company. Upon returning to their assigned locations, interns are paired with mentors that support and guide them through relevant job challenges and responsibilities.

Quick Facts:

- Opportunities are available in all Helix Electric locations.
- Competitive pay, relocation assistance, and monthly living stipends are provided as needed.
- Opportunities vary from 12-14 week commitments; start and end dates are flexible based on each specific school's schedule.
- Based on performance, Helix offers interns the opportunity to return for additional semesters and full-time employment upon graduation.

Program Requirements:

- Candidates need to be enrolled in a relevant degree program, with preference given to Construction Management or Electrical Engineering majors.
- Qualified candidates must be in good academic standing.
- Ideal candidates have a sincere interest in the construction industry, a strong work ethic, and excel in a team environment.













With over 2,300 employees across the country,

HELIX ELECTRIC

is the nation's premiere electrical contractor.

As one of the most successful electrical contractors in the United States, Helix Electric is an established leader in the industry. At Helix Electric – WE BUILD THINGS. Whether it's a high rise, solar field or naval shipyard, you're able to leave your mark on the world. It's rewarding to see something and know that you contributed to changing where and how things are done. We look for the best and the brightest and we will recognize, reward and provide opportunities for those who excel.

We are a team of innovators, builders and entrepreneurs who challenge the status quo by going after the largest most complex projects.











Our Mission

At Helix we are dedicated to achieving extraordinary results for:

Our Clients by providing services of exceptional value

Our Employees by presenting opportunities for growth

Our Company by delivering profitable performance

This is accomplished through hard work, teamwork, safety, integrity, innovation, and community.