CAMP ACTIVITIES

FITNESS

Plyometrics, Agility, Speed, Balance, Endurance, and Strength.

* Workouts will be adjusted depending on age and level

DRILLING

Technique, Positioning, Ball Recognition and Consistency.

EDUCATION

Coaches and trainers will provide participants with information on various topics. Nutrition, Sportsmanship and Character building as an athlete and team.

MATCH PLAY

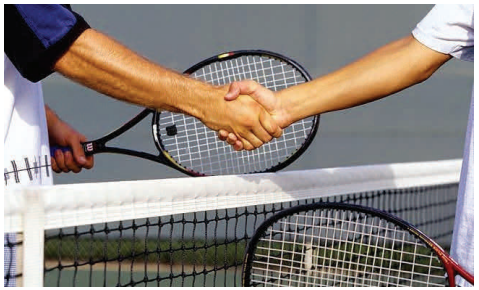
Coaching Strategies, Concentration Skills, Single and Double Round Robin

FUN ALL WEEK!

Tennis and non tennis related games will be played to build unique individual character as well as team accomplished success.

FUN

FITNESS



SPORTSMANSHIP

Located at:Vidas Athletic Complex
43rd St.Powelton Ave Philadelphia PA 19104

Phone: 267-403-9931
Fax: 215-895-2037
E-mail: mr557@drexel.edu

DREXEL TENNIS

SUMMER CAMP 2013

SESSION 1 - June 17TH- June 21ST
SESSION 2 - June 24TH- June 28TH
SESSION 3 - July 1ST- July 5TH
SESSION 4- July 8TH- July 12TH
SESSION 5 - July 15TH- July 19TH
SESSION 6 - July 22ND- July 26TH
SESSION 7 -July 29TH- August 2ND

I AM A DRAGON!

INSTRUCTED BY:

Head Tennis Coach : Mehdi Rhazali
Men's & Women's Tennis assistant coaches

PROGRAMS

10ANDUNDERTENNIS

Quick Start and High performance Training

This program is designed for kids who are new to tennis and need to work on development under the ten and under tennis game regulations Quick start.

The program is also designed for kids with high athletic ability, talent and play tournaments.

PRICING
Full Day: $300 per week
Half Day: $150 per week *(ages 4-7 **HALF DAY ONLY**)
Daily: $60
Half day:$30

Intermediate/ Junior Advanced
Age: 11-18

This program is designed for players who want to improve technique, footwork and gain match experience.

PRICING
Full day: $350 per week
Half Day: $175 per week
Daily: $70
Half day: $35

High Performance Training
Age: 13-22

This program is designed for advanced player who participate in junior tournaments or on the collegiate level.

PRICING
Full Day: $400 per week
Half Day: $200 per week
Daily: $80
Half Day:$40

Adult Program (Mon-Thurs Only)
5 pm - 7 pm
$200 per week
$60 per day

PROGRAM SPECIALS

PRIVATE LESSONS

(3PM - 5PM ONLY)
$70 each
5 for $300
10 for $500

DREXEL DISCOUNTS

10% OFF for all Staff, Faculty, Alumni & Students
10% OFF SIBLINGS

DREXEL DRAGONS

DAILY CAMP ACTIVITIES

9:00am-10:00 am: **FITNESS**
10:00am-12:00pm: **DRILLING**
12:00pm-1:00pm: **LUNCH** **(bring your own)**
1:00pm-3:00 pm: **MATCH PLAY & GAMES**

(All matches will be set based on both skill and age level)

ACTIVITIES WILL BE ADJUSTED FOR INCLEMENT WEATHER

DREXEL UNIVERSITY TENNIS CAMP

☐ SESSION 1 JUNE 17-21
☐ SESSION 2 JUNE 24-28
☐ SESSION 3 JULY 1-5
☐ SESSION 4 JULY 8-12
☐ SESSION 5 JULY 15-19
☐ SESSION 6 JULY 22-26
☐ SESSION 7 JULY 29-AUG 2

FULL DAY
9 AM—3 PM
HALF DAY
9 AM—NOON

Name _____
Address _____
_____
_____
Phone _____

☐ 10 & Under Full Day $300
☐ 10 & Under Half Day $150
☐ Intermediate/Junior Adv. Full Day $350
☐ Intermediate/Junior Adv. Half Day $175
☐ High Performance Training Full Day $400
☐ High Performance Training Half Day $200
☐ Adult Program Week $200
☐ Adult Program Day $60

☐ Check /Money Order

☐ Cash Enclosed

☐ **For credit card payment visit:**
www.DrexelDragons.com
and select men's or women's tennis

DREXEL UNIVERSITY TENNIS
3141 CHESTNUT STREET
PHILADELPHIA, PA 19104

ALL CHECKS MADE PAYABLE TO :
DREXEL UNIVERSITY
No Refunds