Scaling up ethical disability & mental health prevention among minoritized older adults

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As the proportion of minoritized older adults in the U.S. grows, the need for culturally tailored, scalable interventions to prevent disability and improve mental health becomes increasingly urgent. The Positive Minds–Strong Bodies (PMSB) program, an evidence-based intervention, was designed to address these disparities by integrating mental health and physical strengthening components through community-based organizations (CBOs). This presentation synthesizes findings from two recent studies examining PMSB's implementation and scalability. Findings emphasize the importance of adapting research methodologies to better serve minoritized older adults while ensuring program sustainability and effectiveness, but these trade-offs must be further discussed and assessed.

Dr. Thalia Porteny is a health policy scholar and applied ethicist. She is a professor in the Department of Health Policy and Management at the Mailman School of Public Health. Her interests are motivated by the needs she saw growing up in Mexico and working in the Mexican Ministry of Health. Her work aims to better understand the health needs and experiences of vulnerable populations, primarily older adult migrants, to advance fairer patient treatment, allocation, and access to health resources. Professor Porteny earned her PhD and master's degree in health policy and ethics at Harvard University. She then completed her postdoc training at the lab for Research on Ethics Aging and Community Health (REACH Lab) at Tufts University.

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https://drexel.zoom.us/j/2040332500

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